

# Sharman's Sewing Centers

112A Johnston St  
Longview, TX 75601  
903-753-8014

6005 S. Broadway  
Tyler, TX 75703  
903-581-5470

Sewing Club – December 2020 (the Facebook Edition)

## Kitchen Time

In every home there is a kitchen (whether they use it or not) and everyone likes nice things in their kitchen. These quick and easy kitchen projects will make great stocking stuffers, last minute gifts, make for yourself or just projects to have made up and ready when you need a gift!

### Jar Lid Gripper

#### Supplies Needed:

- 2 – 7" squares of Fabric
- 1 – 7" piece of Non-Slip Shelf Liner (no adhesive)
- 1 – ¾" – 1" round magnet

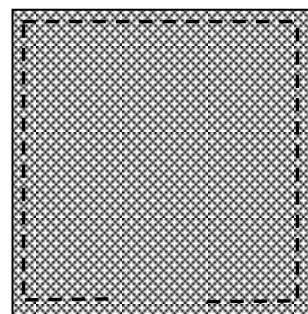
***Great time to use a Teflon or Non-Stick Presser Foot***



#### Sewing Steps:

1. Baste the gripper square to the right side of one of the fabric squares
2. Place the Fabric Square and the Gripper/Fabric square – right sides together. This would be a good time to use the Clover Wonder Clips – pins will not go thru the rubber well.
3. Stitch around all the sides – leaving an opening in the middle of one of the sides for turning.
4. Clip the corners
5. Turn right sides out – you can press – but press from the non-grip side.
6. Slip the magnet in the opening – move to one of the corners – you are going to straight stitch around the magnet to hold in place. Then straight stitch around all the edges to close the opening and finish the edges.

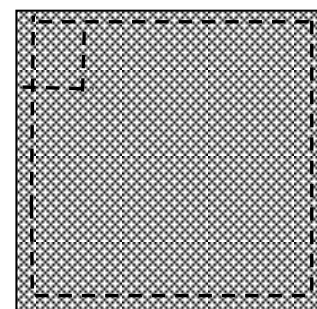
The magnet is so that you can put on refrigerator for quick access.



#### Add an Embroidery

*If you have an embroidery machine – you could add a monogram or “Get a Grip” to the project.*

1. Mark a 7" block on the fabric – but do not cut out until after embroidery
2. Mark the Center of the block
3. Hoop Fabric with Tear Away stabilizer
4. Center design in the block and embroidery
5. When finished with embroidery – remove embroidery from hoop.
6. Remove excess tear away and press
7. Use a ruler and cut out block – don't necessarily cut by the lines you marked in case of shifting.
8. Finish as above – just baste griper to the other block



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## Fabric Sponge/Scrubby

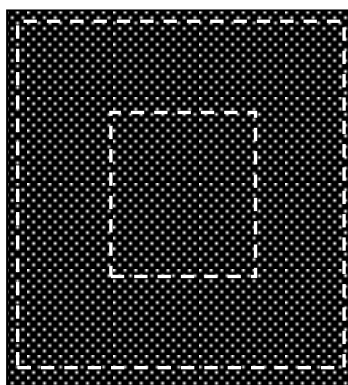
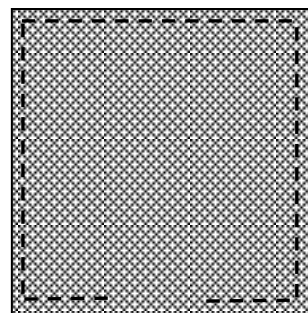
*Great thing about this project is that instead of throwing away after using – you can just wash and re-use. Great “green” project (and a great way to get rid of scraps)!*

### **Supplies Needed:**

- 2 – 5” squares of Fabric
- 2 – 5” piece of Tulle or netting
- Scrap of Filler

### **Sewing Steps:**

7. Baste the 2 squares of netting or tulle to the right side of one of the fabric squares. Have the netting or tulle crisscross each other – turn one piece 90 degrees – this will close a lot of the openings off.
8. Place the Fabric Square and the Netting/Fabric square – right sides together.
9. Stitch around all the sides – leaving an opening in the middle of one of the sides for turning.
10. Clip the corners
11. Turn right sides out – you can press – but press from the fabric side – netting or tulle can melt easily.
12. Add a small amount of poly-fill in the opening – don't over fill – you are going to stitch thru it in a few steps.
13. Straight stitch around all the edges to close the opening and finish the edges.
14. Stitch a box in the middle or stitch from each corner to hold filler in place.



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## Squeeze Hot Pad

Everyone can always use new and pretty Hot Pads – even for remove things from the microwave. Great add on to a gift and use up scraps too!

(see pattern on back page)

### Supplies Needed:

- ✓ Scraps of 3-4 coordinating prints
- ✓ Scrap of batting for pocket
- ✓ 1/3 yd Insul-bright™ for body of the Hot Pad (should make 3)
- ✓ Thread to coordinate
- ✓ Scrap of Pattern Ease™ to make pattern

### Sewing Steps:

1. Trace the 2 pattern pieces onto Pattern Ease™
2. If you would like add a quilted detail – quilt the outer pocket fabric to batting and the hot pad lining fabric to the Insul-Bright™. Great time to practice free-motion, grid quilting or quilting features on your embroidery machine or software.
3. Cutting Pieces:
  - a. Cut 2 pocket outer pieces out with batting
  - b. Cut 2 pocket lining
  - c. Cut one Main Outer Body Fabric with Insul-Bright
  - d. Cute one Main Body Lining Fabric
4. Place each pocket – right sides together with a lining piece and stitch along the straight edge.
5. Turn lining and pocket pieces right sides out and wrong sides touching. Press.
6. Topstitch top edge and baste the curve edges together.
7. Place the pockets – right of pocket to right side of the main body piece. Stitch in place – this step is important and cannot be skipped. (in picture – the check piece is the right sides)
8. Now place the lining piece – right sides together with the main piece. Stitch around – leaving the opening in the short end under the pocket piece (*I know this seems strange – but stay with us*)
9. Clip the Curve edges
10. Turn right sides out – if you can see the opening – just turn the pocket to the outside and it should put the opening inside the pocket. Now you have all finished edges on the outside – and were the opening is – no one will ever see – so you don't have to stitch closed unless you just want to.



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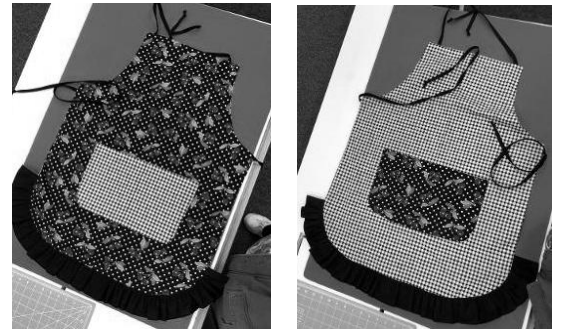
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## Reversible Apron

*You can adjust the pattern length for guys or gals – round the bottom, leave straight or add a ruffle. Great for gifts anytime!!!*

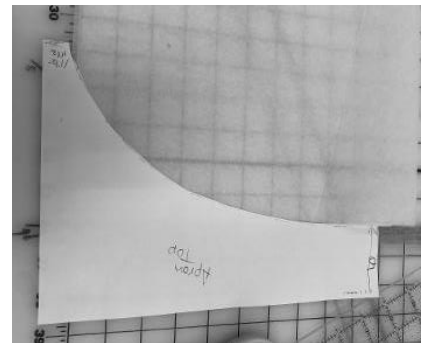
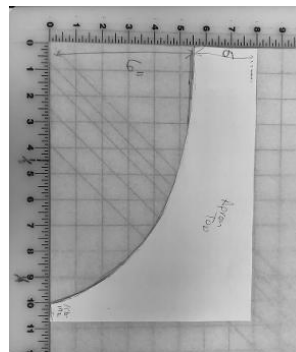
### Supplies Needed:

- ✓ 7/8 yd Pattern Ease™ to make Pattern
- ✓ 7/8 yd Main Fabric
- ✓ 7/8 yd Lining Fabric
- ✓ 1/2 yd Accent fabric for straps & Ruffle (1/4 yd if no ruffle)
- ✓ 1/4 yd Interfacing
- ✓ Thread to coordinate
- ✓ Ruffler for Ruffles
- ✓ 3/4" Fusible Bias Tape Maker by Clover™



### Making the Pattern:

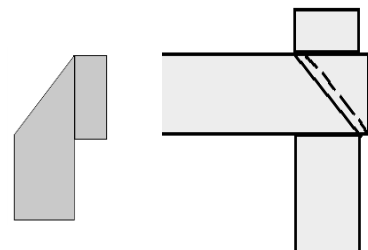
1. For Apron Main Body, cut the Pattern in in half lengthwise – this should give you a piece approximately 23" wide and for the sample we cut 29" long (this can vary to who you are making for and if you want to add a ruffle)
2. Fold in half lengthwise –
3. Measure over 6" from the cut edge and line up the template for marking the arm curve.
4. You can use the same curve to round the bottom off too
5. Use the Pattern Ease™ and make a Pocket pattern too



### Sewing Steps:

1. Cut out 1 Apron Main Body out of outer Fabric and 1 out of Lining.
2. Cut out 2 Pockets out of Main body fabric and 2 out of lining.
3. Out of Accent Fabric – cut 2 – 6"x wof strips (optional ruffle) and 3 – 1 1/2" x wof strips.
4. Sew each set of strips together:
  - a. On 5 strips – press a 45° angle at one end
  - b. Layer strips right sides together as illustrated – and stitch in the pressed line.
  - c. Cut away excess and press.

**Tip-** when cutting out the apron and pockets – place the 2 fabric being used – wrong sides together – then cut out. This way – you know they match and are ready to sew together.



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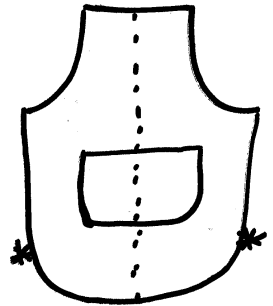
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5. Cut interfacing into 1 ½" strips – you will want to fuse to the top edge of all the pocket pieces and to the top edge of apron. (*Just this small amount of interfacing on the top edge of a pocket and apron will prevent it from "sagging" as you wear it.*)

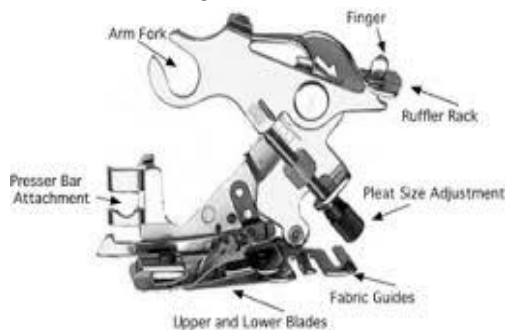
## 6. Pockets:

- a. Sew the pockets right sides together – leaving an opening at bottom edge for turning – you will want to sew the opposite pieces to each other (main to lining – twice)
- b. Clip the curves and the corners
- c. Turn right sides out
- d. Press. Fold in half and press a line to divide the pocket for stitching in place.
- e. Press apron in half lengthwise to find the center
- f. Measure down 15" from top and center the pocket – have contrasting piece facing out on each side.
- g. Stitch pocket in place and stitch center line to divide the pocket in half



## 7. Optional Ruffle (2 – 6" strips):

- a. Press Ruffle in half – lengthwise – wrong sides together. Baste the raw edges together
- b. Run the raw edge thru the ruffler -set for every stitch – ruffle to your liking.
- c. At one end – tuck the raw edges into the ruffle and topstitch closed
- d. Baste the ruffle to the bottom edge of one of the aprons. See illustration – from one of the stars to the other along the curve line.



## Using a Ruffler:

*If your Ruffler has a Shank on it - Remove the ankle from your sewing machine and add the Ruffler – making sure that the "Fork" piece on the right side goes over the needle screw – this is what activates the Ruffler – if not you will have problems*  
*If the Ruffler is a snap on – just remove the current presser foot – snap the ruffle on - making sure the fork piece goes over the Needle Bar.*

- a. There are **4 things that effect how much a Ruffler ruffles** – so you might want to test out to make sure you are happy with or it is adjusted to fit your work area
    1. Weight of Fabric – Ruffler work best with medium to light fabrics
    2. Pleat Size Adjustment – there is a screw on the ruffle that controls how much fabric it pushes in the ruffle
    3. On the Top there is a Ruffler Rack & Finger – it will have the numbers 1, 6 & 12 and a star – this is how often it pushes fabric into the ruffle – every stitch, every 6 stitches, every 12 stitches or the star is turned off (so you sew with the Ruffler on if needed)
    4. The stitch length on your machine – since the Ruffler is controlled how often it pushes fabric into the stitch – how often your machine stitches can vary the amount gathered too.
- ✗ Ruffles can gather along an edge or in the middle too – there is a guide on the right that allows for you to more the fabric in the ruffle center – if guide is in the way – it can be removed with a few screws
  - ✗ Rufflers are doing a lot of work – so you should never run them at full speed – great time to use a Sew Slow function on your machine.
  - ✗ Because the Ruffler is working off your needle screw – check it often to make sure the Ruffler is not vibrating the screw loose and the needle will fall out

*Rufflers are great when you want to ruffle a large amount of fabric and cut off what you don't need – less math and figuring and gives you a great trim*

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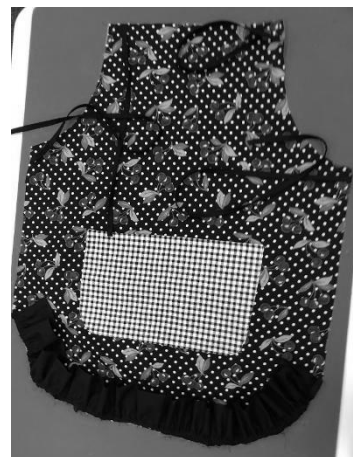
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- e. When you get to the other end before you finish stitching – cut off about ½” longer than you need. Remove the end stitches and tuck the raw edge inside the ruffle and topstitch the ends closed.
- f. Finish stitch the ruffle end down

## 8. Ties:

- a. Press the 1 ¼” strips with the ¾” Fusible Bias Tape maker.
  - b. Press in half lengthwise
  - c. Zig zag the piece closed
  - d. Cut 2 pieces 30” long – on the apron side that has the ruffle basted to front – about ½” down from armhole curve
  - e. Cut 2 – 20” pieces for the neck ties and baste about 1” in from edges on the top.
9. Tuck the ruffle and the ties to the middle and pin the other apron right sides together with the first one.
  10. Stitch around all the edges – leaving an opening on one of the straight sides.
  11. Clip the corners and the curves
  12. Turn right sides out and press
  13. Topstitch around all the edges to close the opening and lay the edges down flat.



## If you want to add embroidery or embellish:

Adding the embroidery or decoration is best before construction.

Mark the pattern on fabric before cutting out.

Embroidery fabric – by not cutting out yet – you have more fabric to hoop and work with.

Lay the pattern back on top of the fabric – the design could have shifted or drawn up the fabric – lay the pattern back on it for cutting out.

*The Staff at  
Sharman's Sewing Centers  
Would like to  
Wish you and Your Family a  
Very Merry Christmas and  
Wonderful New Year*



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## Apron Pocket

Cut 2 on Fold of Outer Fabric  
Cut 2 on Fold of Lining Fabric

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Longview & Tyler, Texas

**FOLD**

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