

# Sharman's Sewing Centers

112A Johnston St  
Longview, TX 75601  
903-753-8014

6005 S. Broadway  
Tyler, TX 75703  
903-581-5470

Sewing Club – March 2021

## A CHARMED LIFE

March is Celebrated in the Sewing Industry as National Quilting Month. Many of you are new to quilting, many of you are experienced quilters and a few of you are somewhere in the middle.

In October 2006, Moda™ Fabrics created pre-cut Fabrics. They started with Jelly Rolls™ (2 ½" strips) and then went to squares. Layer Cakes™ are 10" Squares, Charm Squares™ are 5" squares and Mini-Charms are 2 ½" squares. Moda™ trademarked there terms – but other companies make the cuts – just have different names for them.

During the last year – we have heard that you have been cleaning your Sewing Room and finishing projects (or needed to). As are cleaning you can cut up your scraps into 5" squares and set aside or if you are new to quilting – Sharman's has pre-cut 5" squares (at both stores) for purchase that will help you with any of these projects.

Start Simple with Placemats, Table Runners, Kitchen Quilts or Baby Quilts. Don't overwhelm yourself with a King Size Quilt.

Don't know what to do with all your quilt projects – there are many Charities that need quilts – From Quilts of Valor (or military members) to Project Linus (for Children under 18) there are many options. You can search the Internet for more options.

One of the Most ask questions is what size should each project be – below is a suggestion of sizes for many projects:

Quilt Sizes will also depend on mattress thickness, if going under a bedspread, going to a dust ruffle or going to the floor. If you are making for a specific bed – best to measure what you need.

Project	Min Size	Max Size	Mattress Size
Mug Rug	4"-8"	7"-12"	
Hot Pad	8"x8"	10"x10"	
Placemat	11"-12"	15"-18"	
Table Topper/Kitchen Quilt	12"-24"	12"-24"	
Table Runner	12"-18"	40"-72"	
Stroller Blanket	30"x35"	34"x42"	
Wheelchair Quilt	36"x26"	36"x48"	
Chemo Quilt	42"x68"	60"x72"	
Hospice/Hospital	50"x90"	56"x94"	
Lap Quilt/Throw	52"x60"	68"x90"	
Crib Quilt	34"x56"	45"x60"	
Toddler Quilt	46"x70"		27"x52"
Twin	68"x89"		39"x76"
Extra Long Twin	68"x94"		30"x80"
Full/Double	84"x89"		54"x75"
Queen	90"x94"		60"x80"
King	106"x94"		78"x80"
California King	100"x98"		72"x84"

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Scrappy Quilt can use any prints together – great way to use up your stash. However, some of you that can make crazy – if you want you can divide your fabrics into categories – depending in your project.

Example:

- By Holiday (all Christmas together, Halloween, etc)
- Kid Friendly Prints
- Divide by color theme (Black and Whites, Batiks, Blue & Yellow)
- Whites or Creams
- Your themes – will depend on your stash

For many quilt techniques need a light/dark separation – for this Sharman's carries pre-cut Charm packs of Ivory or Pale Grey to mix with what you have.

All Quilt piecing uses  $\frac{1}{4}$ " seam (unless otherwise stated) **Quarter Inch Presser Foot is great to piecing Quilts if you do not already have one.**



## Simple Squares

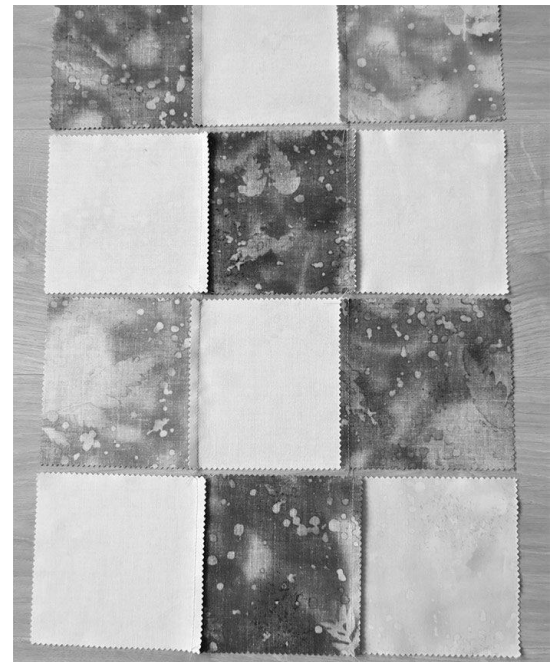
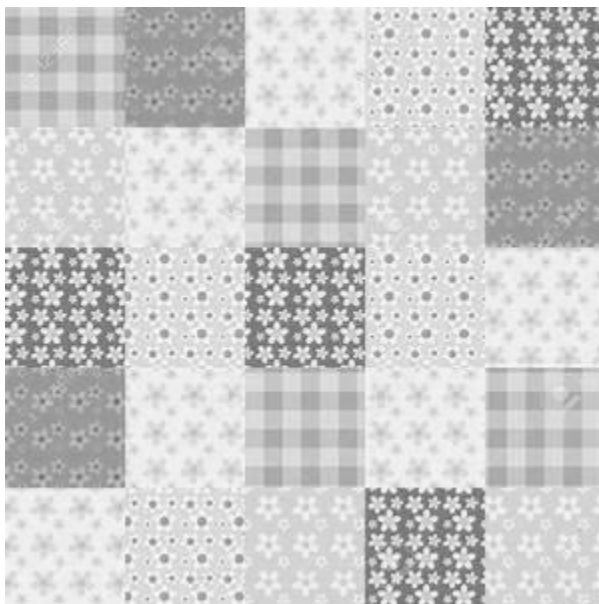
5" Cut Squares (with  $\frac{1}{4}$ " seams) Finish 4  $\frac{1}{2}$ ". Here are some sizing suggestions to get you started.



When pressing seams in a quilt top – press the seams to one side.

Sew each of the rows – then press all the seams going the same direction. Press the next row going the opposite direction. When you sew the rows together – the seams will “Nest” together to allow for the seams to match.

Rows	Suggested Project	Finished Size
2x2	Hot Pad	9"x9"
3x4	Placemat	13 $\frac{1}{2}$ " x 18"
4x9	Table Runner	18" x 40 $\frac{1}{2}$ "
4x12	Table Runner	18" x 54"
9x9	Baby Quilt	40 $\frac{1}{2}$ " x 40 $\frac{1}{2}$ "
12x15	Lap Quilt	54" x 67 $\frac{1}{2}$ "



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## Nine Patch

One of the earliest forms of patchwork, the nine-patch block involves joining nine squares of fabric to form a larger square. In its simplest form, the block is constructed of nine plain squares of fabric.

But the nine-patch lends itself easily to endless variation because each of the nine squares may also be made up of numerous smaller pieces sewn together.

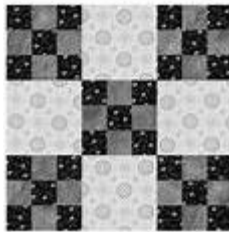
For a Simple 9-Patch – alternate – light colors and darker colors or Solid light and a print. *With Charm Squares – the block should be 13 ½” finished.*

**For this Block – use the Darth Vader Rule of Pressing – to the Dark Side**

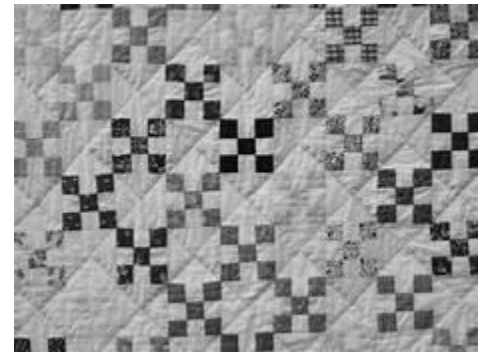


## Alternate with a Solid Block

(Solid block should be cut 14”)



Note – for smaller blocks – cut the Charm Squares in fourth (2 ½” squares – 6” finished block and solid block should be cut 6 ½”)

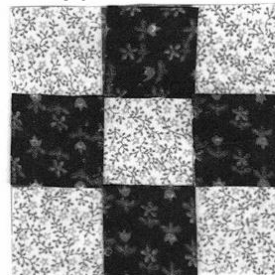


## Checkerboard – Light and Dark

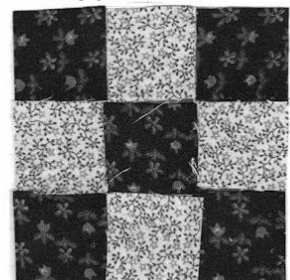
Block A – 5 Lights and 4 Prints

Block B - 5 Prints and 4 Lights

Block A

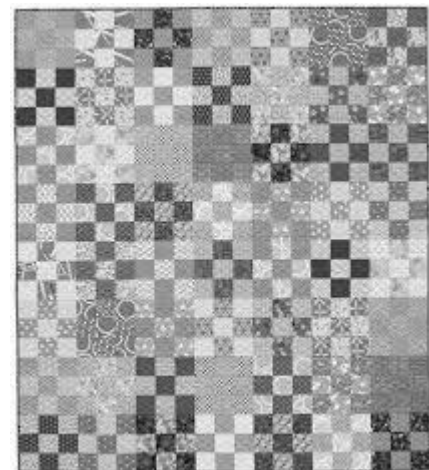


Block B



Alternate the Blocks

To create a Checkerboard effect with lights and darks



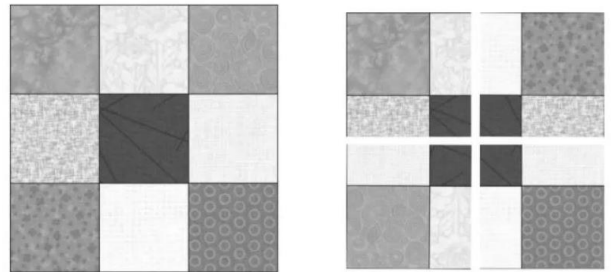
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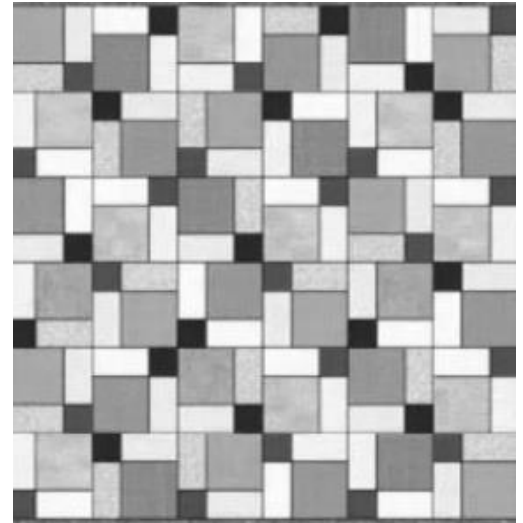
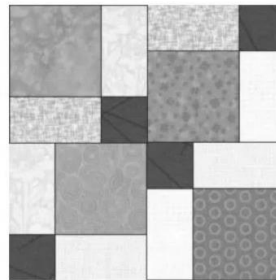
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## Disappearing 9 Patch

1. Make a 9 patch with 5 Dark or Prints and 4 Lights
2. Cut down the center – both directions



3. Take 2 opposite corners and turn them 180 Degrees
4. Repeat for as many blocks as you desire
5. Sew Blocks together

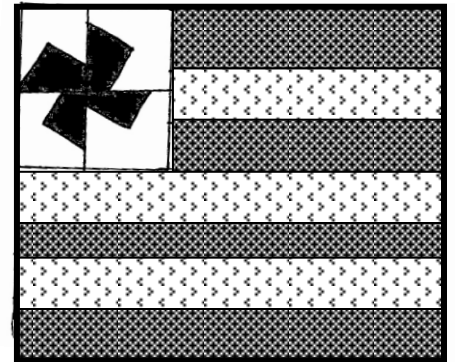


Once you have your quilt top made – you can quilt however you would like

## Twisted Star Placemats & Table Runner

**Supplies Needed** (for 4 placemats and 1 table runner)

- ½ yd Blue Fabric
- 1 yd Red Fabric
- 1 yd White Fabric
- 1 ¼ yd backing fabric
- 1 ¼ yd Fusible Fleece
- Lil Twister Ruler™



## Cutting List

### White –

- ✓ 8 – 5” squares (star)
- ✓ 3 – 2 ½” x 25” (table runner)
- ✓ 4 – 2 ½” x 12 ½” (placemats)
- ✓ 8 – 2 ½” x 18 ½” (placemats)

### Blue –

- ✓ 16 – 3” x 5” (star)
- ✓ 16 – 3” x 10” (star)

### Red –

- ✓ 3 – 2 ½” x 25” (table runner)
- ✓ 8 – 2 ½” x 12 ½” (placemats)
- ✓ 8 – 2 ½” x 18 ½” (placemats)

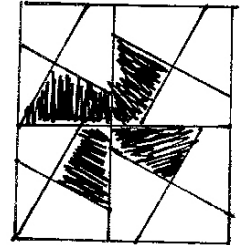
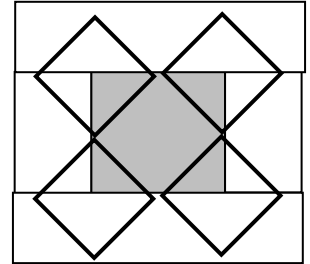
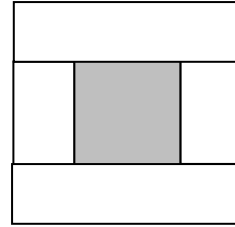
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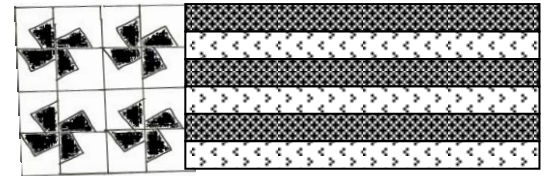
## Making Stars –

1. Add the Blue 3" x 5" pieces on opposite sides of each of the 8 – 5" white squares
2. Press seams
3. Add the Blue 3" x 10" pieces on the remaining sides of the white squares
4. Press seams
5. Using the Lil Twister Ruler™ – cut 4 squares at each seam intersection – these 4 squares will be sewn back together to form the twisted star
6. Sew the four "new" squares together – you will have 8 stars – 4 for the table runner and 1 for each of the 4 placemats



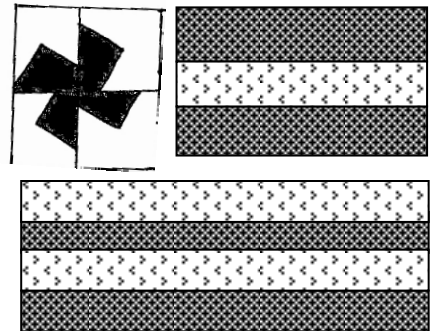
## Making the Table Runner –

1. Stitch the 4 stars together 2 squares by 2 squares
2. Press
3. Stitch the Red & White 2 1/2" x 25" strips side by side
4. Press
5. Add the Strips to the star piece
6. Press



## Making the Place Mats –

1. Stitch the Red & White – 2 1/2" x 12 1/2" pieces to create the stripes beside the star – make 4 sets – red – white - red
2. Press Seams
3. Add the star square the left side
4. Press
5. Stitch the 2 1/2" x 18 1/2" red & white pieces and create the bottom stripes – make 4 sets. White – Red – White – Red
6. Press
7. Add longer stripes to the bottom of the star and stripe piece.
8. Press



## Finishing Steps –

1. Fuse fleece to the wrong side of the placemats and table runner – trim away any excess fleece
2. Cut backing pieces the same size as table runner and placemats
3. Place the backs and the front pieces – right sides together and stitch around outer edges – leaving and opening for turning
4. Turn pieces right sides out
5. Press
6. Top Stitch around the outer edge to make edges lay better and to close the opening

