

Sharman's Sewing Centers

112A Johnston St
Longview, TX 75601
903-753-8014

6005 S. Broadway
Tyler, TX 75703
903-581-5470

Sewing Club – October 2020 (the Facebook Edition)



There is a crispness in the air, the leaves are turning colors, Fall has arrived and there are Holidays on the Horizon. Time to start sewing for the next few holidays!!!!

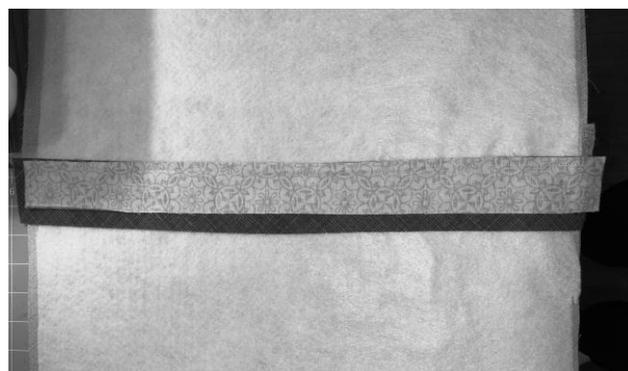
(G)reating (F)abric from (S)craps

For these projects – you are going to “create” your own fabric from scraps. Once you have created your own fabric – you then can make coasters, mug rugs, placemats, table runners, Hot pads, trivets, etc. At the end of these notes are several shapes that can be enlarged for shaped projects instead of just square and rectangle. Just enlarge the patterns to desired size for your project. Remember these will have backs sewn and turned – so allow for a seam allowance when you are sizing.

(S)trings to (P)roject –

String piecing can be done directly to the back and batting. This will take care of the piecing and the quilting at the same time. This technique requires you to bind the edges.

1. Start with a back or batting larger than you want your finished project.
2. Thread needs to match backing fabric.
3. Easiest is to start in the middle – Strips can be same with or different – place 2 strips – right sides together and placed down the center of the project (if strips are slightly longer – it is okay we will trim up later). Pin in place.
4. Straight stitch the 2 strips together – going thru the batting and backing.
5. Press the strips open
6. Now add a strip to each side of the first 2 strips. Stitch and press.
7. If the strips are different widths – the seam allowance is not critical – just sew straight. If strips are same with then seam allowance is critical to be the same.
8. When you have completely covered the back – Press well
9. Trim the project to desired size.
10. If you want to add a detail to the binding – try piping the binding**** **See the section – Adding piping to your binding.**
11. Bind as desired.



What is a Mug Rug?

A **Mug Rug** is a mini quilt. Bigger than a coaster and smaller than a placemat. Mug Rugs can be **used to** rest your coffee (or tea) on with a tasty treat such as a croissant, bagel or cookie.

Mug rugs are typically any **size** between a 4”x7” and 12”x8”.



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(S)trings to (F)abric –

Because many of the projects we are going to use this for will eventually have batting in them – let's just create with the batting now. ***Without the batting – this is the same base for String Quilt blocks.*** For these projects – the back will be sewn on – right sides together and turned – so no binding needed.



1. You will want to start with a base piece of fabric – to build on –
 - a. if we just sew strips together, we may not have a flat piece of fabric when we are done. Traditionally this was to a muslin – you will not see this fabric – so could be anything – just needs to be good quality. The samples for class are either Muslin or No Show Stabilizer (No Show is a cut away stabilizer that is used in embroidery to stabilize knits and In the Hoop Projects. No Show is stable and light weight so perfect for this.)
 - b. Base piece needs to be larger than the project that you are going to cut out later
 - c. For this project we are also adding batting on top of the base – the samples for class are either Fusible Fleece or Fusible Batting.
 - d. Fuse the Batting to the Base Fabric – just remember if using the No Show Stabilizer that it is polyester and can melt – USE A PRESS CLOTH)
 - e. You are going to “Sew & Flip” the strips like you did before – you are just not going thru the back this time.
2. When you have finished – you are ready to cut out the project.

(B)locks to (F)abric

Quilter's Grid™ is a Fusible Interfacing with grid lines printed on it. Most common is 1” and 1” on Point. For the samples for this project – 1” on Point was used.

This is a great project for small squares to help match points faster and easier.

1. Start with a piece of Quilter's Grid – larger than what you will need – it will “shrink” when you start seaming it.
2. For this project – 2” squares of fabric were used – you can just as small as 1” – your fabric stash may dictate this – but start larger for the first time and once you get comfortable – you can work down to smaller squares.
3. On an ironing surface – place the grid – fusible side up.
4. Start placing squares where you want them. Random is easier to do first – and a great stash buster.

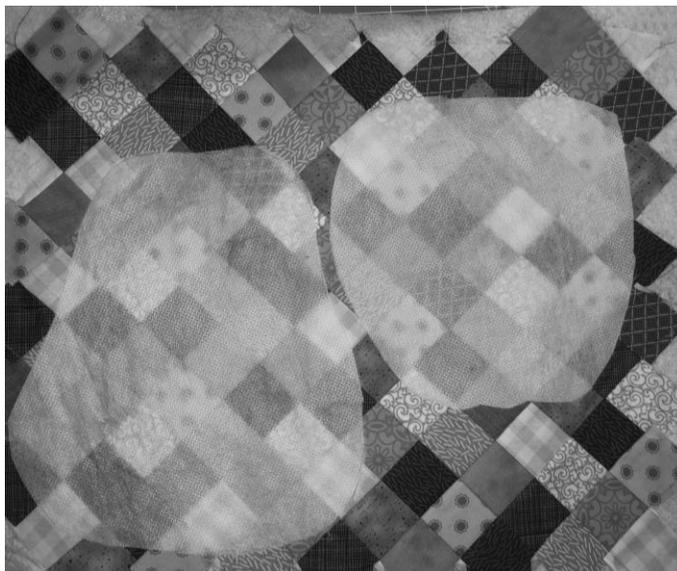


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5. If you want to start fusing some of the blocks in place – use a Teflon Applique Pressing Sheet. Lay over the pressing area – this will keep the iron from fusing to the interfacing where there is not fabrics.
6. Once you get everything fused good in place – you are now ready to sew
7. Fold Fabric in half – along one of the longer lines – you will find this fold pretty easily where the “break” in the fabric is.
8. With a 1/4” Presser Foot – Stitch a 1/4” seam from the folded edge.
9. Re-repeat for all the seams going this direction.
10. Press
11. Clip all the intersections where the pieces come together – if you clip thru the seam – not going to hurt.
12. You are now going to fold along the cross lines – as you sew this direction – you are going to want your seams to go opposite directions – this is why you clipped the seams. This will divide the bulk on either side of the intersection.
13. Repeat on all other seams
14. Press
15. Now cut out what every project you want out of your piece – If desire – fuse fleece to the back of the piece before cutting to save cutting twice if batting is needed.



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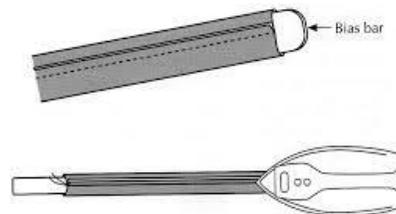
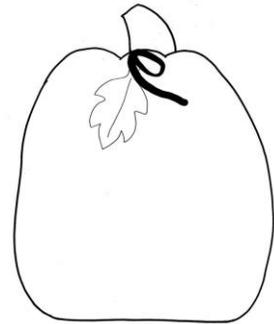
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Making the Pumpkins

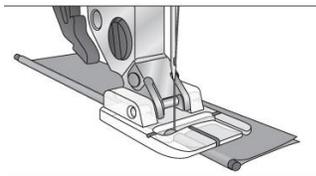
The Pumpkins included are different shapes to give you a variety.

3. You could add appliqued leaves on the front for detail.
4. For a "tendrill" –
 - a. Cut a 1" Bias strip of fabric. 6"-12" long
 - b. Fold Wrong sides together and make as small a seam as possible
 - c. Slide a Quilter's Press Bar that fits inside the tube
 - d. Press – seam to center back
 - e. Position on pumpkin - bias will let you curve around
 - f. Topstitch in place
5. For Stem –
 - a. Fuse batting to a small piece of brown fabric
 - b. Cut piece out to match pattern – make 1/4"-3/8" longer
 - c. Place piece – right sides together with a lining
 - d. Stitch the 3 sides – leave the opening at bottom
 - e. Trim excess fabric – clip corners – turn right side out and press
 - f. Baste in place
 - g. Place Pumpkin – Right sides together – with the lining. Pin well.
 - h. Stitch around all the edges – leaving an opening at bottom for turning.
 - i. Trim excess fabric away – clip curves
 - j. Turn right sides out – press
 - k. Topstitch around the edge to close the opening.



Adding Piping to your Quilt

1. Cut enough 1" – 1 1/2" strips to go completely around the quilt edge (with some extra). This does not have to be bias – but can.
2. Sew the strips – end to end. Press
3. Using a Narrow Piping Foot – cover a small cording. Make sure you have enough fabric to cover the piping and seam allowance.
4. Using the Piping Hot Binding Ruler™ – Trim to 1/4" seam allowance. *The Piping Hot Binding Ruler™ as 2 grooves under the ruler for the cording to get caught in. One groove is a 5/8" seam allowance – the other 1/4" seam allowance.*



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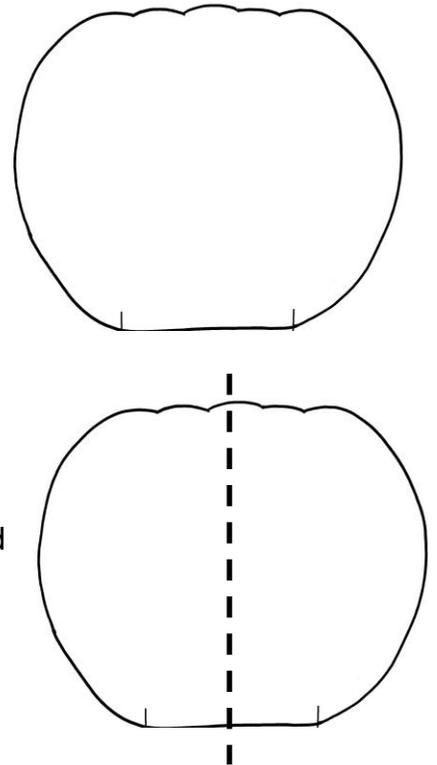
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5. Still using the Piping Foot – stitch the piping to the edge of the quilt – use the edge of the cording where you trimmed to $\frac{1}{4}$ " as a guide and match the cut edge (it will seam strange – but in this step the piping should be facing to the middle of the project and the cut edge of the fabric along the edge of the quilt)
6. When you get to the corners – do not worry about turning – just go off the edge and trim. A small as this coring is – it can overlap in the corner – this will also help to keep the corner square.
7. Repeat on all 4 sides.
8. Add Binding as desired.

3- umpkins

1. Enlarge Pattern to desired size or sizes – multiple sizes are fun for this
2. Place fabric wrong sides together and for each pumpkin – cut 3 set out (6 single pieces) out – by placing the fabrics right sides together and cutting out in sets – you are ready to sew them together – leaving an opening in the bottom for turning and stuffing.
3. Sew around each set – a shorter stitch length can make for smoother curves.
4. Clip the curve and turn right sides out. Press
5. Lay each of the 3 pieces on top of each other and straight stitch right down the middle of all 6 layers of fabric.
6. Now fan out each section and stuff from bottom opening
7. Hand stitch openings when finished
8. For stem you could use either a piece of a branch or dowel rod – cut to desired length and hot glue in place
9. You could add a silk leave for detail



Try enlarge the leaf pattern for similar projects – or even get a head start on Christmas projects too!!

Have Fun – Be Creative!!!

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 Project  Patterns: (enlarge to desired size)

